

# Sunday, February 4, 2024 · 10:45 AM · Fifth Sunday after Epiphany



**WELCOME**—In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

#### GATHERING MUSC

#### WELCOME & ANNOUNCEMENTS

#### INVOCATION

#### GATHERING SONG

Jesus

There is a truth older than the ages. There is a promise of things yet to come. There is One born for our salvation. Jesus. There is a light that overwhelms the darkness. There is a kingdom that forever reigns. There is freedom from the chains that bind us. Jesus. Jesus.

Chorus: Who walks on the waters, who speaks to the sea, who stands in the fire beside me. He roars like a lion, He bled as the Lamb. He carries my healing in His hand. Jesus.

There is a name I call in times of trouble. There is a song that comforts in the night. There is a voice that calms the storm that rages. Jesus, Jesus. **Chorus** 

Messiah, my Savior. There is power in Your name. You're my rock and my Redeemer. There is power in Your name, In Your name.

Chorus 2: You walk on the waters, You speak to the sea, You stand in the fire beside me. You roar like a lion, You bled as the Lamb. You carried my healing in Your hands. (2 times)

Jesus. There is no one like You, Jesus. There is no one like you.

#### **CONFESSION & FORGIVENESS**

P/C: Have mercy on us, O God. We confess that we have sinned against you and against our neighbor. We have sought glory for ourselves and have treasured that which does not satisfy, often at the expense of our neighbor. Give us the courage to be generous like you are generous, to be merciful as you are merciful, and to love as you love. Amen.

#### PRAYER OF THE DAY

C: Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. Amen.

#### SONG OF THE DAY

Healer

You hold my every moment, You calm my raging seas. You walk with me through fire, and heal all my disease. I trust in You, I trust in You.

Chorus: I believe You're my healer, I believe You are all I need. And I believe You're my portion, I believe You're more than enough for me. Jesus You're all I need. (Repeat verse & chorus)

Nothing is impossible for You, nothing is impossible. Nothing is impossible for You; You hold my world in Your hands. Nothing is impossible for You, nothing is impossible. Nothing is impossible for You; You hold my world in Your hands! (**Chorus 2 times**)

More than enough for me, Jesus, You're all I need.

#### **RESPONSIVE PSALM**

#### Psalm 147:1-6, 10-11

R: Praise the Lord! How good it is to sing praises to our God, for he is gracious, and a song of praise is fitting.

#### C: The Lord builds up Jerusalem; he gathers the outcasts of Israel.

R: He heals the brokenhearted and binds up their wounds.

C: He determines the number of the stars; he gives to all of them their names.

- R: Great is our Lord and abundant in power; his understanding is beyond measure.
- C: The Lord lifts up the downtrodden; he casts the wicked to the ground.
- R: His delight is not in the strength of the horse nor his pleasure in the speed of a runner,
- C: but the Lord takes pleasure in those who fear him, in those who hope in his steadfast love.

#### SCRIPTURE READING

#### 1 Corinthians 9:16-18, 23

<sup>16</sup> If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! <sup>17</sup> For if I do this of my own will, I have a wage, but if not of my own will, I am entrusted with a commission. <sup>18</sup> What then is my wage? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.<sup>23</sup> I do it all for the sake of the gospel, so that I might become a partner in it.

R: The word of the Lord. C: Thanks be to God.

#### GOSPEL

#### Mark 1:29-34

P: The Holy Gospel according to Mark the first chapter. C: Glory to you, O Lord.

<sup>29</sup> As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup> Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup> He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup> That evening, at sunset, they brought to him all who were sick or possessed by demons. <sup>33</sup> And the whole city was gathered around the door.<sup>34</sup> And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

P: The Gospel of Our Lord.

C: Praise to you, O Christ.

#### SERMON

#### SONG OF THE DAY

#### You Are Mine

- 1 I will come to you in the silence, I will lift you from all your fear. You will hear my voice, I claim you as my choice. Be still and know I am here.
- 2 I am hope for all who are hopeless, I am eyes for all who long to see. In the shadows of the night, I will be your light. Come and rest in me.

#### Refrain: Do not be afraid, I am with you. I have called you each by name. Come and follow me, I will bring you home: I love you and you are mine."

- 3 I am strength for all the despairing, Healing for the ones who dwell in shame. All the blind will see, the lame will all run free, and all will know my name.
- 4 I am the Word that leads all to freedom. I am he peace the world cannot give. I will call your name, embracing all your pain. Stand up, now walk and live!

#### STATEMENT OF FAITH

#### Apostle's Creed

C: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

#### **PRAYERS OF THE PEOPLE**

P: Lord in your mercy, C: Hear our prayer.

#### **SHARING OF PEACE**

P: The peace of the Lord be with you. C: And also with you.

#### **NOISY OFFERING**

Patriot Assistance Dogs in Detroit Lakes Patriot Assistance Dogs provides highly trained, certified psychiatric service dogs to qualified U.S. Military veterans.

### Refrain

Pr. Joe Skogmo

Refrain

#### **OFFERING & OFFERTORY PRAYER**

P:/C: Loving God, receive this offering for the building up of your kingdom: the proclamation of your word and the loving of our neighbor. Amen.

#### COMMUNION

Words of Institution

Lord's Prayer

Distribution

#### **Post Communion Blessing & Prayer**

C: Gracious God, at this table you have nourished our body and soul with food and drink. As you have been food and drink for us, transform us to be food and drink for one another, through Jesus Christ, our Savior & Lord. Amen.

#### **BENEDICTION**

#### **SENDING SONG**

#### God So Loved

Come all you weary, come all you thirsty. Come to the well that never runs dry. Drink of the water, come and thirst no more. Come all you sinners, come find His mercy. Come to the table; He will satisfy. Taste of His goodness, find what you're looking for.

#### Chorus: For God so loved the world that He gave us His one and only Son to save us. Whoever believes in Him will live forever.

Bring all your failures, bring your addictions. Come lay them down at the foot of the cross. Jesus is waiting there with open arms. **Chorus** 

#### Chorus 2: The power of hell forever defeated. Now it is well, I'm walking in freedom, For God so loved, God so loved the world.

Praise God, praise God, from Whom all blessings flow. Praise Him, praise Him, for the wonders of His love. Praise God, praise God, from whom all blessings flow. Praise Him, praise Him, for the wonders of His love. His amazing love. For God so loved the world that He gave us His one and only Son to save. **(Chorus & Chorus 2)** 

Bring all your failures, bring your addictions. Come lay them down at the foot of the cross. Jesus is waiting, God so loved the world.

#### SENDING

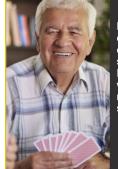
P: Go in peace and serve the Lord. C: Thanks be to God!

#### POSTLUDE



**VOLUNTEERS NEEDED!** Looking for an opportunity to make an impact in a family's life? Lutheran Social Services is in need of in-home respite volunteers in the FM Area. Our volunteers work with those who have chronic illnesses, providing non-medical, companionship for isolated individuals while giving the Caregiver a break. No experience necessary. Flexible schedule, mileage reimbursement, and training is provided.

Interested? Questions? Cassi Walsh 218-220-751



#### **Morning Out Group Respite**

Participants enjoy fun activities like playing cards or doing crafts. This is a great way for people age 60+ experiencing memory loss to make new friends in a safe environment with trained volunteers.

During this time, Caregivers can run errands, visit with friends and family, or just take some time to relax. Fees for this service are based on a sliding fee scale.

#### First Lutheran Church Tuesdays 10 a.m.–2 p.m.

Pre-registration required. 218-220-7517 Lutheran Social Service

Welcome Visit	or!	Date of Visit:		
Name:				
Address:				
	Street	City	State	Zip Code
Phone:		Email:		
I'm a guest of:		I'm a member o	f:	
	□ I am intere	sted in learning more about	First Lutheran Church.	

### **ANNOUNCEMENTS**

**ASH WEDNESDAY & WEDNESDAY LENTEN WORSHIP SERVICES**—We will be offering Ash Wednesday worship services at both noon and 6 PM. Lenten Worship Services will be offered the following Wednesdays at both noon and 6 PM. These worship services will begin on Ash Wednesday, February 14 and continue each Wednesday through March 20. A free will offering meal will be offered following the noon service and the usual Wednesday night Oasis meal will be served at 5 PM before the worship service at 6 PM.

**YOUTH UND HOCKEY TRIP OPPORTUNITY**—FLC youth in grades 6-12 are invited to attend a UND hockey game on Friday, February 23. This opportunity is open to 25 youth and 5 chaperones. This event will cost \$35 per participant and includes your ticket, food, and transportation. We will depart from FLC at 4 PM and will return around midnight. If interested, please contact Olivia in the office for more information on registration. Registrations need to be in by February 19.

**REBEKAH CIRCLE MEETING DATE CHANGE**—The Rebekah Circle will be meeting on Tuesday, February 20 at 9 AM in the Conference Room. Please note that this is the 3rd Tuesday of the month instead of the 2nd Tuesday of the month.

**OPPORTUNITY FOR WOMEN**—Are you interested in growing and sharing your faith and Christian life practices with other women? We invite you to join a small group of women in a Bible/book study each Thursday morning from 8:00-9:30 in the church library. We share prayer concerns and pray before joining in a discussion of a book of the Bible or a Bible-related book. Currently, we are studying the women of the Old Testament. For further information, text or call Phyllis Neuenfeldt at (218)770-4261.

**LIONS CLUB GLASSES & HEARING AID COLLECTION**—First Lutheran Church is helping to collect glasses (including reading glasses) and hearing aids for those in need for the local Lions Club. Please put them in the donation bin on the volunteer sign-up table in the commons area.

**CLOTHING ITEMS NEEDED**—We are collecting men's and women's seasonal donations for the Blessing Closet Resource Room in the main office for those that come to us in need. Please place donations in the bins outside the main office. Items we are collecting at this time includes: **Clothing -** shirts, sweatshirts, sweaters, pants, socks, underwear, bras; **Outerwear -** coats, hats, gloves/mittens; **Footwear -** shoes and boots.

**RUTH CIRCLE MEETING**—The Ruth Circle will be meeting on Thursday, February 8 at 1:30 PM in the FLC Dining Room.

#### Prayers for God's People

Brent Blake Joe Morrison **Bill Wegscheid** Dave Nustad Isaak Berg Liz Mathison Gill Gigstead Dick Dahlin **Becky Amdahl Brandon Pittenger** Eloyce Gaffney Sam Haverkamp Ardis Hegna B.R. David Brian Michelle

Prayers of Comfort of the Family of

> Dennis Totland Elaine Renslow LaVaun Groth

Names are kept on this list for 3 weeks; please update the office if you wish to remain on the list longer.

### Join us for Worship!

**RADIO:** KDLM 1340-AM & 93.1-FM at 10 AM.

WEBCAST: Live-streamed on firstlutheranchurch.com

**IN PERSON:** In the sanctuary Wednesdays at 6 PM or Sundays at 8:30 AM & 10:45 AM.

TELEVISION: On Saturdays at 9 AM on Arvig Cable channel 14.



CREATION CARE NOTE Animal protein production

generally consumes more re-

sources and is less sustainable

than plant protein sources.

## Ways to Give

**ONLINE:** firstlutheranchurch.com—One-time, weekly, monthly or quarterly. Checking, savings or credit card. (*fees associated with credit card usage*)

**TEXT: 218-228-3228**—Text your donation amount to the number listed above & follow instructions that are texted to you. (We suggest you add the phone number above as a contact in your phone for future use.)

CHECK/CASH: 912 Lake Avenue, Detroit Lakes, MN 56501