



First Lutheran Church

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Lead Pastor: Joe Skogmo Vice Pastor: Roy Hammerling

Sunday, February 4, 2024 • 8:30 AM • Fifth Sunday after Epiphany



WELCOME—*In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.*

PRELUDE

WELCOME & ANNOUNCEMENTS

INVOCATION

GATHERING HYMN

God's Word is Our Great Heritage

ELW #509

God's word is our great heritage and shall be ours forever;
to spread its light from age to age shall be our chief endeavor.
Through life it guides our way; in death it is our stay.
Lord, grant while time shall last your church may hold it fast
throughout all generations.

CONFESSION & FORGIVENESS

P/C: Have mercy on us, O God. **We confess that we have sinned against you and against our neighbor. We have sought glory for ourselves and have treasured that which does not satisfy, often at the expense of our neighbor. Give us the courage to be generous like you are generous, to be merciful as you are merciful, and to love as you love. Amen.**

PRAYER OF THE DAY

C: Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. Amen.

MUSICAL MESSAGE

Alleluia Ringers

RESPONSIVE PSALM

Psalm 147:1-6, 10-11

R: Praise the Lord! How good it is to sing praises to our God, for he is gracious, and a song of praise is fitting.

C: The Lord builds up Jerusalem; he gathers the outcasts of Israel.

R: He heals the brokenhearted and binds up their wounds.

C: He determines the number of the stars; he gives to all of them their names.

R: Great is our Lord and abundant in power; his understanding is beyond measure.

C: The Lord lifts up the downtrodden; he casts the wicked to the ground.

R: His delight is not in the strength of the horse nor his pleasure in the speed of a runner,

C: but the Lord takes pleasure in those who fear him, in those who hope in his steadfast love.

SCRIPTURE READING

1 Corinthians 9:16-18, 23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a wage, but if not of my own will, I am entrusted with a commission. ¹⁸What then is my wage? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. ²³I do it all for the sake of the gospel, so that I might become a partner in it.

R: The word of the Lord. **C: Thanks be to God.**

GOSPEL ACCLAMATION

ELW pg. 205

Alleluia! Lord and Savior: open now your saving word.
Let it burn like fire within us; speak until our hearts are stirred.
Alleluia! Lord, we sing for the good news that you bring.

GOSPEL

Mark 1:29-34

P: The Holy Gospel according to Mark the first chapter. **C: Glory to you, O Lord.**

²⁹ As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰ Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹ He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³² That evening, at sunset, they brought to him all who were sick or possessed by demons. ³³ And the whole city was gathered around the door. ³⁴ And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

P: The Gospel of Our Lord. **C: Praise to you, O Christ.**

SERMON

Pr. Joe Skogmo

HYMN OF THE DAY

Praise the One Who Breaks the Darkness

ELW #843

- 1 Praise the One who breaks the darkness with a liberating light;
praise the One who frees the pris'ners, turning blindness into sight.
Praise the One who preached the gospel, healing ev'ry dread disease,
calming storms and feeding thousands with the very bread of peace.
- 2 Praise the One who blessed the children with a strong yet gentle word;
praise the One who drove out demons with a piercing, two-edged sword.
Praise the One who brings cool water to the desert's burning sand;
from this well comes living water quenching thirst in ev'ry land.
- 3 Praise the one true love incarnate: Christ, who suffered in our place;
Jesus died and rose for many that we may know God by grace.
Let us sing for joy and gladness, seeing what our God has done.
Praise the one redeeming glory; praise the One who makes us one.

STATEMENT OF FAITH

Apostle's Creed

C: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

PRAYERS OF THE PEOPLE

P: Lord in your mercy, **C: Hear our prayer.**

SHARING OF PEACE

P: The peace of the Lord be with you. **C: And also with you.**

NOISY OFFERING

Patriot Assistance Dogs in Detroit Lakes

Patriot Assistance Dogs provides highly trained, certified psychiatric service dogs to qualified U.S. Military veterans.

OFFERING & OFFERTORY HYMN

As with Gladness Men of Old

ELW #302, vs 3

- 3 As they offered gifts most rare at thy cradle, rude and bare,
so may we with holy joy, pure and free from sin's alloy,
all our costliest treasures bring, Christ, to thee, our heav'nly king.

OFFERTORY PRAYER

P:/C: Loving God, **receive this offering for the building up of your kingdom: the proclamation of your word and the loving of our neighbor. Amen.**

COMMUNION

Words of Institution

Lord's Prayer

Distribution

Post Communion Blessing & Prayer

C: Gracious God, at this table you have nourished our body and soul with food and drink. As you have been food and drink for us, transform us to be food and drink for one another, through Jesus Christ, our Savior & Lord. Amen.

BENEDICTION

SENDING HYMN

On Our Way Rejoicing

ELW #537

- 1 On our way rejoicing gladly let us go.
Christ our Lord has conquered; vanquished is the foe.
Christ without, our safety; Christ within, our joy;
who, if we be faithful, can our hope destroy?

**Refrain: On our way rejoicing; as we forward move,
hearken to our praises, O blest God of love!**

- 2 Unto God the Father joyful songs we sing;
unto God the Savior thankful hearts we bring;
unto God the Spirit bow we and adore,
on our way rejoicing now and evermore. **Refrain**

SENDING

P: Go in peace and serve the Lord. C: **Thanks be to God!**

POSTLUDE



VOLUNTEERS NEEDED!
Looking for an opportunity to make an impact in a family's life? Lutheran Social Services is in need of in-home respite volunteers in the FM Area. Our volunteers work with those who have chronic illnesses, providing non-medical, companionship for isolated individuals while giving the Caregiver a break. No experience necessary. Flexible schedule, mileage reimbursement, and training is provided.

**Interested?
Questions?**
Cassi Walsh 218-220-7517





Morning Out Group Respite
Participants enjoy fun activities like playing cards or doing crafts. This is a great way for people age 60+ experiencing memory loss to make new friends in a safe environment with trained volunteers. During this time, Caregivers can run errands, visit with friends and family, or just take some time to relax. Fees for this service are based on a sliding fee scale.

**First Lutheran Church
Tuesdays 10 a.m.-2 p.m.**
Pre-registration required.
218-220-7517



Ways to Give



ONLINE: firstlutheranchurch.com—One-time, weekly, monthly or quarterly. Checking, savings or credit card. *(fees associated with credit card usage)*

TEXT: 218-228-3228—Text your donation amount to the number listed above & follow instructions that are texted to you. (We suggest you add the phone number above as a contact in your phone for future use.)

CHECK/CASH: 912 Lake Avenue, Detroit Lakes, MN 56501

Welcome Visitor! Date of Visit: _____

Name: _____

Address: _____

Street City State Zip Code

Phone: _____ Email: _____

I'm a guest of: _____ I'm a member of: _____

I am interested in learning more about First Lutheran Church.

ANNOUNCEMENTS

HANDS-ONLY CPR FEBRUARY 4TH AT 9:30 AM IN THE LIBRARY—This is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult suddenly collapse in an “out-of-hospital” setting (such as at home, at work or in a park). It consists of two easy steps: Calling 911 (or send someone to do that) and pushing hard and fast in the center of the chest. All are welcome to come and learn how to do Hands Only CPR, along with AED and Narcan training, TODAY between services in the Library.

ASH WEDNESDAY & WEDNESDAY LENTEN WORSHIP SERVICES—We will be offering Ash Wednesday worship services at both noon and 6 PM. Lenten Worship Services will be offered the following Wednesdays at both noon and 6 PM. These worship services will begin on Ash Wednesday, February 14 and continue each Wednesday through March 20. A free will offering meal will be offered following the noon service and the usual Wednesday night Oasis meal will be served at 5 PM before the worship service at 6 PM.

YOUTH UND HOCKEY TRIP OPPORTUNITY—FLC youth in grades 6-12 are invited to attend a UND hockey game on Friday, February 23. This opportunity is open to 25 youth and 5 chaperones. This event will cost \$35 per participant and includes your ticket, food, and transportation. We will depart from FLC at 4 PM and will return around midnight. If interested, please contact Olivia in the office for more information on registration. Registrations need to be in by February 19.

REBEKAH CIRCLE MEETING DATE CHANGE—The Rebekah Circle will be meeting on Tuesday, February 20 at 9 AM in the Conference Room. Please note that this is the 3rd Tuesday of the month instead of the 2nd Tuesday of the month.

OPPORTUNITY FOR WOMEN—Are you interested in growing and sharing your faith and Christian life practices with other women? We invite you to join a small group of women in a Bible/book study each Thursday morning from 8:00-9:30 in the church library. We share prayer concerns and pray before joining in a discussion of a book of the Bible or a Bible-related book. Currently, we are studying the women of the Old Testament. For further information, text or call Phyllis Neuenfeldt at (218)770-4261.

LIONS CLUB GLASSES & HEARING AID COLLECTION—First Lutheran Church is helping to collect glasses (including reading glasses) and hearing aids for those in need for the local Lions Club. Please put them in the donation bin on the volunteer sign-up table in the commons area.

CLOTHING ITEMS NEEDED—We are collecting men's and women's seasonal donations for the Blessing Closet Resource Room in the main office for those that come to us in need. Please place donations in the bins outside the main office. Items we are collecting at this time includes: **Clothing** - shirts, sweatshirts, sweaters, pants, socks, underwear, bras; **Outerwear** - coats, hats, gloves/mittens; **Footwear** - shoes and boots.

RUTH CIRCLE MEETING—The Ruth Circle will be meeting on Thursday, February 8 at 1:30 PM in the FLC Dining Room.



Prayers for God's People

Brent Blake
Joe Morrison
Bill Wegscheid
Dave Nustad
Isaak Berg
Liz Mathison
Gill Gigstead
Dick Dahlin
Becky Amdahl
Brandon Pittenger
Eloyce Gaffney
Sam Haverkamp
Ardis Hegna
B.R.
David
Brian
Michelle

Prayers of Comfort of the Family of

Dennis Totland
Elaine Renslow
LaVaun Groth

Names are kept on this list for 3 weeks; please update the office if you wish to remain on the list longer.

CREATION CARE NOTE

Animal protein production generally consumes more resources and is less sustainable than plant protein sources.

Join us for Worship!

RADIO: KDLM 1340-AM & 93.1-FM at 10 AM.

WEBCAST: Live-streamed on firstlutheranchurch.com

IN PERSON: In the sanctuary Wednesdays at 6 PM or Sundays at 8:30 AM & 10:45 AM.

TELEVISION: On Saturdays at 9 AM on Arvig Cable channel 14.